

Dear Parent,

New York State law requires that students entering \_\_\_\_\_ grade must have a current physical on file with the school health office. Your child does not have one at the present time. Please forward your child's most recent physical as soon as possible. The physical must have been done within one year of the start of school (must be from September 4, 2018 or later). If your child has not had a physical exam within the last year and you cannot get an appointment before school begins, you must present proof that you have an appointment for one.

The new physical or proof of appointment must be provided **BEFORE** school begins on September 4<sup>th</sup>. You may mail, email, fax or drop off at the school- whichever is most convenient. Please contact me if you have any questions or concerns at 631-749-0302 ext. 129 or [nursemary@shelterisland.k12.ny.us](mailto:nursemary@shelterisland.k12.ny.us). My direct fax number is 631-749-1101.

Thank you and have a wonderful day!  
Mary Kanarvogel, RN, SNT  
School Nurse